

job coaching, mentoring, and support for multicultural youth and youth in foster care

North Street



191 NORTH STREET

Crisis support for youth in the justice system, in foster care, or pregnant or parenting



20 ALLEN STREET

Allen Street

Winter Warming shelter: a warm bed for when there is no where else to go



29 ALLEN STREET

Clark Street

Peru Street

St. Albans, VT

219 LAKE STREET

help for youth in foster care

11 CHURCH STREET
St Albans Drop-In Center



Counseling and substance use support—regardless of ability to pay

31 ELMWOOD AVENUE

George Street

Drop-In Center: a place to get warm, get food, and get help for whatever is needed

177 PEARL STREET

Williston, VT

22 AVENUE C

Detail Works: a car detailing business to help youth with the soft skills they need to thrive in the workplace



We Are Here for Youth in Need



SPECTRUM

YOUTH & FAMILY SERVICES

Spectrum is a nationally recognized leader in helping youth ages 14-26 and their families turn their lives around. Each year, we serve 1,500 teenagers, young adults, and their family members in Burlington and St. Albans.

www.spectrumvt.org

Long-term housing where youth learn the skills needed to live on their own

177 PEARL STREET

Church Street

Elmwood Avenue

CHALLENGES OF COVID

COVID is just one more challenge among many for most youth we serve. We are seeing depression and anxiety intensify with the isolation brought on by the pandemic.

Thanks to the generosity of people like you, all programs have remained open during the pandemic, with some operating remotely. The Drop-In Center, residences, and shelter all remain in-person, with the Drop-In serving more youth on a daily basis than it has in several years.



Each year, adults and students join the Sleep Out in solidarity with youth facing homelessness in Vermont. They sleep outside for one night and raise money for the next young person looking for help.

Join us—students, executives, families, and teams—for one big Sleep Out on Friday, March 25. You can get your whole family involved.

Sign up today at spectrumsleepout.org

Questions? Contact Charlotte at events@spectrumvt.org

YOUR GIFTS MAKE A DIFFERENCE

Donations from generous people like you make up 50% of our budget each year. Here are just some of the ways you make a difference in the lives of youth and families in Vermont.

\$25

buys five pairs of winter socks

\$50

buys winter boots

\$100

buys a winter coat

\$250

buys an apartment setup

\$500

provides one month of CCTA bus passes

\$1,000

supports our Warming Shelter for one week

Thank you for making sure youth in our community can get help when they need it most!

